

The

VISUAL

LEARNER

Characteristics

1

Sees to learn

You learn by seeing things. You like to take in information by reading and/or through diagrams and pictures.

2

Likes images

You prefer to see rather than listen. Colour, diagrams and pictures help you stay interested.

3

Takes notes

You usually take detailed notes in lectures, tutorials and meetings.

4

Looks around

You tend to start looking around for something to watch or look at when you lose interest.

5

Struggles with ...

You can find spoken directions hard to remember and you are easily distracted by noise.

Learning Tips

1

Watch

You will take in spoken information better if it is accompanied with visual aids. Video is a great learning tool for you.

2

Visualise

Try to visualise things that you hear. This will help you remember them better.

3

Write it down

Write down key words, ideas or instructions, particularly if they are only being given orally.

4

Draw

Consider using drawings, mind maps and flow charts to help explain and remember new concepts.

5

Colour

Use colour. Colour code, highlight, circle and underline words in your notes.

